

August Lunch Ingredients

ENTREES

SOUTHERN FRIED BLT

Bread, Bacon, Lettuce, Fried Green Tomato (optional)

SAUSAGE + RICE SKILLET

Turkey Sausage, onion, pepper, tomato, rice

MACARONI + CORN PASTA

Pasta, cannellini beans, corn, onion, cheese, spinach

PORK CHOPS + NECTARINE SAUCE (SAUCE ON THE SIDE)

Pork Chop, sauteed nectarine sauce (nectarine, onion, clove, chicken broth)

HAM SANDWICH + PINEAPPLE DIPPING SAUCE

Ham slow cooked with pineapple, onion, mustard, brown sugar, layered on a Kaiser roll with cheese

POTATO-SAUSAGE FOIL PACK

Kielbasa, peppers, potatoes, onion in individual foil packets